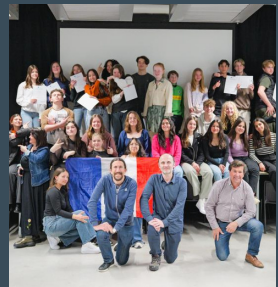


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LEARNING TEACHING TRAINING

FOR peaceful schools, AGAINST bullying

2020-1-RO01-KA229-079809



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Introduction

Bullying at school is a pervasive and concerning issue that continues to impact students worldwide. It is important to understand the context in which bullying occurs and the factors that contribute to its prevalence and effects.

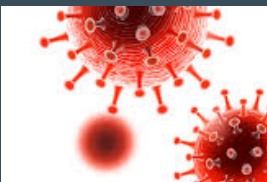
Bullying encompasses various forms of aggressive and harmful behavior, including physical, verbal, and psychological abuse, with the intention to assert power and control over others. It can occur in various settings, including schools, both in-person and online, and can have serious consequences for the well-being and development of the individuals involved.

The COVID-19 pandemic has brought about significant disruptions to education systems and the lives of students. The shift to remote learning and social distancing measures has created new challenges and opportunities for bullying. The increased reliance on technology and online interactions has led to a rise in cyberbullying, where individuals use digital platforms to harass, intimidate, or exclude their peers. The isolation and stress caused by the pandemic have further heightened the vulnerability of students to bullying behaviors, exacerbating the negative impact on their mental health.

In addition to the pandemic, other global events, such as the Ukrainian war and the Turkish earthquake, can indirectly contribute to bullying situations. The displacement, trauma, and emotional upheaval experienced by students affected by these events may result in heightened stress levels and increased incidences of bullying as individuals try to cope with their own challenges by targeting others.

Addressing bullying requires a comprehensive approach that involves creating safe and inclusive school environments. It entails implementing preventive measures, such as raising awareness about bullying, promoting empathy and respect, and providing support for both victims and perpetrators. By fostering a culture of respect, empathy, and positive relationships, we can create an environment where bullying is less likely to occur and where all students feel safe and valued.

It is crucial for schools, educators, parents, and communities to work together to combat bullying and its detrimental effects on the well-being and educational outcomes of students. By prioritizing prevention, intervention, and support, we can create a positive and nurturing school environment that promotes the healthy development and success of all students.



LT TA ROMANIA, CLUJ-NAPOCA

KNOW YOUR RIGHTS AND REFUSE PASSIVITY

28 March -1 April 2022

Objectives of the meeting:

Erasmus+ project "FOR peaceful schools, AGAINST bullying" on aimed to foster friendly and collaborative relationships among partner schools from Turkey, France, Portugal, the Netherlands, and Romania, with a focus on addressing bullying. During the mobility, students and teachers from the participating schools engaged in a range of activities designed to tackle bullying and promote a positive school environment.

The main objectives of the activities were for the participants to gain a better understanding of the current legislation in the partner countries related to bullying, will raise awareness of the rights of each and apply the law in specific contexts. Also to identify different types of bullying, understand the roles and dynamics within bullying situations, recognize the potential impact of bullying, and develop empathy, knowing their rights and refuse passivity.

The activities offered a diverse range of formats, including presentations with rules from each country addressing to stop bullying in schools, workshops, and the inclusion of special guests such as Judge Cristi Danileț and local police officers. These activities aimed to prevent aggression in schools by equipping students with methods for addressing bullying situations and raising awareness about relevant legislation pertaining to aggression and bullying.

During the meeting, the partner countries, cities, and schools were presented. Turkey, Romania, France, Portugal, and the Netherlands were represented, and each school in the partnership had the opportunity to showcase their city, and educational institution. By sharing this information, we were able to create awareness and establish connections among the participating schools from different countries.



PRESENTATIONS

NATIONAL AND EU POLICIES related to bullying

Specific policies and approaches vary among countries within the partnerships, as they have their own education systems and legislative frameworks. However, the overall goal of national and EU policies is to create safe and supportive school environments that promote well-being and prevent bullying.



WORKSHOPS

A Bully Will Not Win in the End

One particular workshop, titled "A Bully Will Not Win in the End," emphasized multinational teamwork. During this workshop, students from different countries worked together to find solutions for various bullying situations. As part of their collaborative efforts, they utilized Plotagon, a software for creating animations, to visualize and express their ideas.



Make Friends While Traveling

During the project meeting, there was a remarkable sense of positivity and enthusiasm, which resulted in the creation of a brochure titled "Make Friends While Traveling." This brochure was a product of multinational teamwork and was designed using Canva. It showcased the beauty of the surroundings, particularly through a guided tour of the city of Cluj-Napoca led by the students from host school. This diary was a collaborative effort involving all the students from the partner schools.



Overall, this mobility within the Erasmus project sought to develop friendly and collaborative relations among partner schools while addressing the issue of bullying. The activities provided students and teachers with valuable knowledge, skills, and resources to prevent and handle bullying situations effectively. The project was well-received by the participants, fostering a positive and inclusive environment throughout the mobility.



MULTINATIONAL TEAMWORK

RESULTS



PSYCHOLOGY lesson

<https://docs.google.com/presentation/d/1vrhDiOKvI5PUpmEu6FqxAWr6ciNuwQd8/edit?usp=sharing&ouid=105345035561902666530&rtopf=true&sd=true>

PLOTAGON - CASES

https://docs.google.com/presentation/d/1qKhQ1_khgVaO9g8_UgTFRnSjWFZcWS EN/edit?usp=sharing&ouid=105345035561902666530&rtopf=true&sd=true

6 Videos created in Plotagon "A BULLY WILL NOT WIN IN THE END"

<https://docs.google.com/document/d/1PDBYTvQw6XicVcr4O0igieEo9T7wEhIG/e dit?usp=sharing&ouid=105345035561902666530&rtopf=true&sd=true>

Travel journey "MAKE FRIENDS WHILE TRAVELLING"

<https://drive.google.com/file/d/1aKswwftfUZl41AEolhuakEV2X-10VO2x/view?usp=sharing>Example: <https://youtu.be/9kdBLnq1CM>**1. Situation**

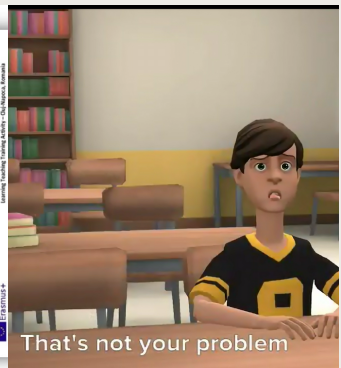
Analyse the following situation and provide solutions to the aggressors and victims involved in the presented case of bullying. Create an animation in the Plotagon application, in which to illustrate the analysed situation.

Peter is a brilliant student in the 10th grade. Other classmates ask for his homework, but he always refuses. He has heart problems and that makes it hard for him to participate in sports activities. Recently, he had a panic attack while playing football.

His classmates mock him everyday and they call him 'weak'. One day, one of the boys pushed him and he fell on his knees in mud. In that moment the boy took a picture of him with the mobile phone. Later, he uploaded the picture of Peter on Facebook and commented "This is how a failure looks like".



FOR Peaceful Schools, AGAINST Bullying
 ERASMUS+ KA2 Strategic Partnership
 2020-1-UK01-KA2-000000000000
 European Union
 Erasmus+ Training and Mobility for Experts



Feedback

<https://docs.google.com/document/d/14PxLER5Ca-AvWgpYdoTYkYJ8srMSu3hS/edit?usp=sharing&oid=105345035561902666530&rtpof=true&sd=true>

Culturally rich - well organized - welcoming

Friendship - unity - unforgettable

Heart warming - multicultural - enriching

Stimulation - discovery - work

Warm - welcoming - smile

LTTA Romania in 3 words

Other impressions

*I loved Romania very much, it was surprising and exciting, I saw and visited places I had never heard before, it was a really nice experience for me. - **Arda Mahmut Balta from TURKEY***

*I had a lot of fun. It was a lot of fun for me. I discovered new places. I made new friends. In short, it was a very good experience for me. - **Sila from TURKEY***

*It was a very beautiful day where we visited very interesting romanian cities with a lot of history. It was the last trip of an incredible week that could not end in a better way, where we met extraordinary people in a very beautiful country like Romania. - **Germana from PORTUGAL***

LTTA PORTUGAL, MOIMENTA DA BEIRA

PSYCHOLOGICAL HARASSMENT, THE SILENT TORTURE

9 - 13 May 2022

Activities:

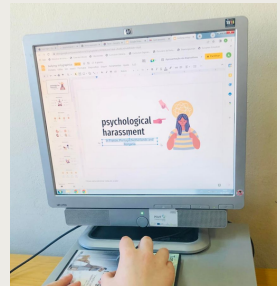
During the meeting, various activities were organized to address the topic of psychological harassment. Here is a summary of the activities:

Research Groups: Students from different countries were divided into mixed-nationality groups to research and discuss cases of psychological harassment in their respective countries. This allowed for a deeper understanding of the issue and the sharing of different perspectives.

Ice breaking and Cultural Exchange: To promote friendship and cultural exchange, ice breaking activities and traditional games from partner countries were organized. These activities helped foster connections and build relationships among the participants.

Presentation and Interactive Games: Each partner school had the opportunity to present their school, city, and country. Numeric presentations were given, highlighting important aspects of each partner's educational system. To make the presentations more engaging, interactive games like Kahoot were incorporated to reinforce the shared knowledge.

Excursions and Cultural Visits: Participants went on excursions to explore the local area and learn about its history and traditions. Trips to places such as Costa Nova and Aveiro provided insights into regional customs and allowed students to develop their communication skills in English. Additionally, visits to cultural sites like the Douro Museum and Pena Park provided opportunities for learning and recreation.



Activities:

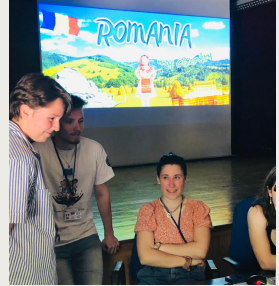
Sharing Personal Experiences: A student from a Portuguese school bravely shared their personal experience as a victim of bullying and the method they used to resolve the issue. This allowed for a meaningful discussion and provided valuable insights for addressing similar situations.

Multicultural Debate: Based on the bullying intervention methods shared by the host school counselor, a multicultural debate was held to discuss and identify the best strategies for addressing psychological bullying. This exchange of ideas and perspectives contributed to the development of effective solutions.

Drama Activity: The host school's theater group performed a skit that depicted a student marginalized by their peers, highlighting the emotional impact and consequences of bullying. This powerful presentation emphasized the importance of empathy, support, and intervention in such situations.

Project Presentations: Each multicultural group presented their projects focused on psychological bullying. This allowed for the exchange of ideas, best practices, and innovative approaches to address this issue in schools.

These activities aimed to raise awareness about psychological harassment, foster empathy and understanding, and develop practical strategies to prevent and address bullying in schools.



MULTINATIONAL TEAMWORK

RESULTS



SCRIPT of the play "Bullying"- played by the Drama Club



https://docs.google.com/document/d/1N1VVec1vK0wWFiIrdZQPvtuvTzgZ_YXO/edit?usp=sharing&oid=105345035561902666530&rtpof=true&sd=true



Presentation and Interactive Games



Multicultural Debate and presentations



https://drive.google.com/file/d/1RDq_UwswuvlyQwxN0I5b-Wqp-QH0cVjl/view?usp=sharing



https://drive.google.com/file/d/17V_-oPnyPte5haHV7doNd6uIKXSOQxu1/view?usp=sharing



Feedback

<https://docs.google.com/document/d/14PxLER5Ca-AvWgpYdoTYkYJ8srMSu3hS/edit?usp=sharing&oid=105345035561902666530&rtpof=true&sd=true>

friendly, warm, portugal hospitality
traditions, fish meals, friendship
amazing drama club, nice friendships, traditions
Adventurous, fun and friendly
New, magical, superb

LTTA Portugal in 3 words



LTTA FRANCE, LYON

CYBERBULLYING, AN INCREASING CONTEMPORARY THREAT 9 - 15 October 2022

Objectives :

The third meeting had a difficult task to launch the second part of the project. After the summer break, it had to create a new dynamism and to provide a fresher mind for the group. But, it offered in the meantime the pleasure to everyone to enjoy the reunion and to strengthen the friendship sketched a few months ago. Teachers and students had learned to know each others and their collaboration could go deeper.

The theme of the meeting was focus on "cyberbullying". Indeed, among all the types of harassment, this one is nowadays more and more threatening. The aim was to build a stimulating space for debate and to create resources for introducing efficiently the pupils peers to this problem. Thus, students had to identify forms of this kind of bullying, and to find solutions to deal with it. Most of the tasks were therefore thought according to this will : presentations for each partners, setting up of a virtual exhibition which could be spread in every country, specific workshop on virtual technologies, silent movie on a harassment case...

The meeting was placed on purpose during the Erasmus days. The idea was to take the opportunity to celebrate together and widen the European consciousness between the pupils and in the schools. Specific activities were made in partnership with the Lyon's Europe direct center. The academic authorities took advantage of our invitation to join us for organising the official regional Erasmus days in the Martinière Duchère high school. The visit at the town hall was also important in order to show connection between Europe, democratical values and peace.

Cultural visits or trips were of course provided. Indeed, they are importants for reinforcing links between participants and accepting the differences by learning the history of foreigners.



Activities:

French lessons: as a breaking ice activity, French lessons were displayed by the French young hosts to their penpals.

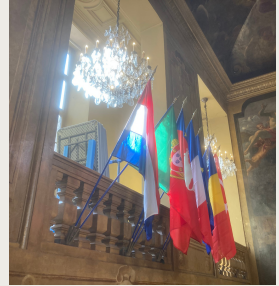
Presentations on cyberbullying: Such as every meeting, all the groups had to prepare a presentation on the specific topic of the LTTA. It allowed pupils to start a reflexion on the theme before discussing with the other partners during the week. The presentations were followed by fruitful and interesting debate between the children.

Realization of a virtual exhibition: In cooperation with higher education communication students, a numeric exhibition was made by the pupils. The objective was to get a common tool to raise awareness on bullying issues. It has been used for instance, in the French school, on the national day against school bullying in November.

Workshop on virtual technologies: The association "Frequence écoles" was invited for animating a workshop on the uses of virtual technologies. The pupils have to learn how to live with them and know either their potential or their dangers. The workshop evoked the question of regulation as well. Students were put in a collaborative and participating scheme and exchange their opinions and fears.

Silent movie (*Our hospitality*, Buster Keaton): To remind the role of Lyon as cinema's birth place, a Buster Keaton's movie, the role of Lyon as cinema's birth place, a Buster Keaton's movie, *Our hospitality*, was shown. The script is on the circle of violence and revenge. The movie is a comedy and the idea was to watch how a very serious message can be said in a lighter way.

Celebration of the Erasmus days: On Friday October the 14th, we celebrated together the Erasmus days. Pupils presented their countries, with their specificities. Some little board games were played due to the help of the Europe direct centre of Lyon. An official ceremony, with all the regional academic authorities, took place and the children testified of their Erasmus experiences in front of the assembly.



Feedback

https://docs.google.com/forms/d/e/1FAIpQLScuxoLJb0ggMazx9co__dds__RJqXheMwxwYA_TxyySU8Lqiw/viewanalytics

Hospitality - galette - unforgettable

Universal - different - impressive

Enriching - exciting - friendly

Diversity - equality - culture

Parfait - merveilleux - incroyable

LTTA France in 3 words



LT TA THE NETHERLANDS, EINDHOVEN

PHYSICAL (AND SEXUAL) VIOLENCE, unacceptable attempt to our integrity 27 to 31 March 2023

Objectives during the meeting:

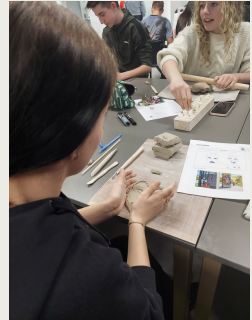
A group of students and teachers from Romania, France and Portugal embarked on a transformative journey through an activity abroad. They immersed themselves in a home filled with cultural differences, exploring new habits, cuisines, and meal times. The students' language skills in English and the local language improved through interactive sessions, bridging the language gap.

They also developed presentation and media skills, captivating audiences and using various media platforms effectively. Campaigning against physical and sexual violence became a central theme, fostering empathy and advocating for change.

Collaborating with international peers, creatively, they gained cross-cultural experiences, forming lifelong friendships. Delving into the tapestry of European cultures, they enriched their understanding of traditions and customs. The activity emphasized life skills, fostering resilience, adaptability, and critical thinking. Peer-to-peer learning enhanced social skills, promoting empathy and appreciation for diversity.

Personal and professional growth expanded their horizons and opened doors to opportunities. Teachers gained insight into their students' lives and teaching approaches, enhancing their own competences.

The journey concluded with fond farewells and lasting memories, transforming their lives and equipping them to navigate the world with open minds and hearts.



Activities during the meeting:**Kahoot 'what do you know about the Netherlands?'**

The students and guides took part in a Kahoot (online quiz) in pairs to test their knowledge about the Netherlands.

Dutch language crash course

The students received a Dutch crash course, during which they learned a number of standard sentences. Our Dutch participants also learned sentences in Romanian, French and Portuguese.

WhatsApp tour through centre of Eindhoven

On Monday afternoon, the guest students were introduced to the center of Eindhoven for the first time with a WhatsApp tour through the city. The students had to carry out assignments at the various landmarks of the center.

Exhibition and workshop 'RETROfuture'

The second day of the exchange was entirely devoted to the themes FUTURE and HARRASSMENT. The students and supervisors visited the Evoluon to visit the RetroFuture exhibition with specific questions. The students then went to work with a workshop where they could apply the inspiration gained from the exhibition. The students came up with a solution and a prototype for a problem as they expect it to be in the future.

Workshop 'Theory behind harrassment'

A personality teacher from our pre-vocational secondary education gave a workshop on the theme of Theory behind Harrassment, in which the students reflected cultures and habits against each other, among other things. Then it was time for the student presentations with the following themes: dangerous games at school, sexual and physical harrassment and a historical look at physical punishment.

Presentation 'dangerous games at school'

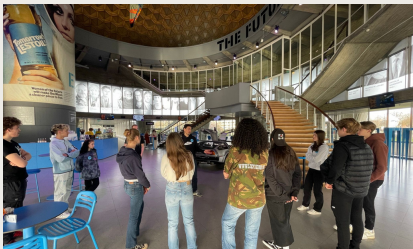
The Dutch students' presentation had the following theme: dangerous games at school.

Presentation 'physical harrassment'

The Romanian students' presentation had the following theme: dangerous games at school.

Presentation 'a historical look at physical punishment'

The French students' presentation had the following theme: dangerous games at school.



2D work photoshop - digital and interactive photocollage on 'physical and sexual harrasment'

During the fourth day of the exchange, the students put their knowledge of Photoshop into practice by making a digital, sometimes even interactive, collage. The students had the opportunity to learn from the Dutch peers. The students then set to work designing and developing their own monument. Both workshops focused on harrasment.

3D work clay - making a monument to represent 'physical and sexual harrasment'

The students set to work designing and developing their own monument to represent a self-chosen statement in harrasment or resolution of harrasment.

Sports activities 'free-running, BMX-ing and bowling'

On Thursday afternoon we had an active program of free running and BMXing at Area 51 and in the evening it was time for relaxation. The students had a delicious meal by grilling together and eating an ice cream. Then everyone went bowling. an active program of free running and BMXing at Area 51 and in the evening it was time for relaxation. The students had a delicious meal by grilling together and eating an ice cream. Then everyone went bowling.

Closing ceremony with host families

On the last afternoon of the programme it was time for the closing ceremony and presentation of the certificates of participation. While enjoying a snack and a drink, together with the host parents/carers, we looked back on a beautiful exchange week. Everyone was put in the spotlight for a while.



MULTINATIONAL TEAMWORK

RESULTS



Opening ceremony

<https://docs.google.com/presentation/d/1JRswM44iw72OINTfipn116nSVcPeND5j/edit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true>

Dutch crash course

<https://docs.google.com/presentation/d/1eUa4zmQQGO1G2OU6HWm9zdENjc9nzp2s/edit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true>

Dutch language bingo

https://drive.google.com/file/d/1ta8XcCZ4QkD8UXU_tizueCF3FP40w-GT/view?usp=sharing

WhatsApp tour Eindhoven

https://docs.google.com/presentation/d/1-i1Mza-wvRk0S9p0A1KDNzzJQ0_osdj8/edit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true

Student presentation - Physical punishment

<https://drive.google.com/file/d/1ntZdxFUUIID7Pzhnlal8MhBylx34ciOXL/view?usp=sharing>

Student presentation - Sexual harassment

https://docs.google.com/presentation/d/1xgP-LWhdhroLk6iumPhA79bQXWSP0_-/edit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true

Student presentation - Black out challenge

<https://docs.google.com/presentation/d/1ESCCEQqsMy9ef2Ib2FbLpA7yuaT4jiUo/e/dit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true>

Worksheet - Theory behind harassment

https://drive.google.com/file/d/1LZN7LOhwMIOtQJyK-hIPtW4KdYBKha_Y/view?usp=sharing

Worksheet - Photocollage See it. Name it. STOP it!

<https://drive.google.com/file/d/1lWosnj8ICdTshDKmY4RYmxV06qXHDSmC/vie/w?usp=sharing>

Worksheet - Creating a monument See it. Name it. STOP it!

<https://drive.google.com/file/d/1GhLiMEYy-6leAacA1JQVtY31EdP9EkbE/view?usp=sharing>

Worksheet - Photoshop basics 10 differences








<https://drive.google.com/file/d/1uesnAQiCOY1b7FWkwwwo9dnCwo3mLrxy/vi/ew?usp=sharing>

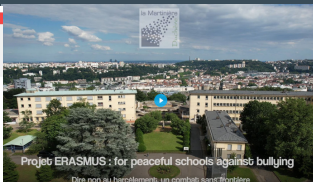
Closing ceremony

<https://docs.google.com/presentation/d/17h1ZYfesZP8eu-PXhe2sRZEvaNFUZp2w/edit?usp=sharing&oid=103873243813087456038&rtpof=true&sd=true>

+ transversal results & dissemination

Besides the LTTA numerous productions or dissemination actions were held during the three years time of the project. Here are some samples:

- 
A global enquiry in our schools on harassment
<https://nuage03.apps.education.fr/index.php/s/2WyzR8ecDDCkJjk>
- 
A coordinated anti-bullying campaign led simultaneously in all schools
<https://nuage03.apps.education.fr/index.php/s/fSmwyqmkdzMdi4E>
- 
A international video, awarded by the French academic authority
<https://www.youtube.com/watch?v=dvbx5QqDP1g>
- 
Conferences and interventions outdoor such as during a ceremony for the Lux prize organized by the French Europe direct centre
<https://nuage03.apps.education.fr/index.php/s/NGz3mmRW44K9wRM>
- 
A website : <https://ka2forpeace.weebly.com/>
- 
A facebook page : <https://www.facebook.com/forpeacefulschoolsagainstbullying>
- 
A podcast for the webradio of the French Institute of Education (in French) : issue in September 2023



PUPILS FEED BACKS

- *MY EXPERIENCE,*
 - *MY THOUGHTS,*
 - *MY ERASMUS*
-
- *First of all, it is a project against bullying, which particularly touched me knowing that I was the victim of harassment in middle school. I got involved to feel useful but also to be part of a project and do prevention for the youngest. Romane from Lyon*
 - *My experience in Portugal, with the "against bullying " Erasmus Project was amazing. I've learned new things, made new friends and explored Portugal. Everyone there was very nice and very welcoming and the activities were fun and educational. The experience in Romania, with this project was also great, met a lot of people and learned how to work with others. It also thought me responsibility and how to take care of foreign students. In both cases I've learned in detail about bullying and how it can affect other people and it inspired me even more to want to talk and spread awareness about it. Fratean Georgia from Cluj Napoca*
 - *"The three years in which I took part in this Erasmus+ activities were very interesting. Sometimes it was difficult to be present in all the meetings to do the works and to plan all the activities that were carried out in the meeting here, but I made my best. I also liked being "an actor" in the videos that we made. And in the meeting in Cluj-Napoca, we got the chance to make new friends and the moments we spent together will always be remembered and cherished." Germana Rosário from Moimenta*
 - *I wanted to take part in this Erasmus project because I like to defend my ideas and values. Having witnessed harassment when I was younger, it left a deep impression on me, which is why the fight against harassment is so important to me. Rose from Lyon*
 - *"I really enjoyed being part of this project. It was very cool to know people from other countries and to meet my host. I think we got aware of the psychological problems that different kinds of bullying cause in the victims and we also learnt that all of us must pay attention to any signs of bullying around us so that we can help the victims. We should NEVER be silent!" Alice Calhau from Moimenta*
 - *We carried out a variety of projects over the 3 years, from posters, to pottery, to videos etc. We exploited a huge number of formats and raised awareness of the issues. Albina from Lyon*
 - *"Taking part in this project was very cool and interesting. I liked doing the works about several kinds of bullying. I also liked making the videos that we were asked to make roleplaying some bullying situations. Then I loved hosting a French student and of course that I also liked doing the activities in the meeting in Lyon. I made some new friends that taught me several things about their countries."Ricardo Silva from Moimenta*
 - *I have also learnt how to help people who are bullied and lead them to a better future by just talking about it and not being afraid to denounce the agressor. Titouan from Lyon*
 - *"I loved being part of this project. At 12, I was bullied because, by then, I was a bit fat and so I liked learning about not being afraid of speaking when you are a victim of bullying, any kind of. This project helped me be more conscious that different cases of bullying happen a lot so I was not a "rare" case. I also liked the week that I spent in Eindhoven. The people that I met were so nice and funny!"Beatriz Soares, from Moimenta*

- I learned a lot on the legal side of things. Eloïse from Lyon
- I was apt, due to this project, to understand that bullying was everywhere but also that the solutions could be common. Romane from Lyon
- The Erasmus+ project on the theme of bullying was the highlight of my activity within Erasmus+. I got to meet wonderful people whom I still keep in contact with to this day. I also got to travel to Portugal, an experience that fed my sightseeing enthusiastic self. Regarding the subject presented in this project, I consider the topic very useful, bringing awareness to bullying and its "genres" is a must for students and teachers alike. Toma Rebeca from Cluj Napoca
- *By combining a more theoretical dimension with an artistic touch, we came up with a number of projects aimed at combating harassment. Thus I am very proud of the work we've achieved, despite any barriers we might have in terms of language, age, etc.* Albina
- "The three years in which I took part in this Erasmus+ activities were very interesting. Sometimes it was difficult to be present in all the meetings to do the works and to plan all the activities that were carried out in the meeting here, but I made my best. I also liked being "an actor" in the videos that we made. And in the meeting in Cluj-Napoca, we got the chance to make new friends and the moments we spent together will always be remembered and cherished." from Moimenta
- *The best practices that we have been able to develop are speaking out in class, prevention posters placed in high schools, but those that are most important to me are exchanges with foreign countries*The project will continue because I will continue to speak around me because it is a unique chance to be able to participate in it. Romane from Lyon
- First, the idea of meeting students of the same age as me living in other country was interesting to me and the fact that we would be *These kinds of projects are very valuable, as they give us new opportunities to travel for people who don't usually have the means to do so, to meet new people from different countries and to expand our knowledge. I think it's important that these projects continue, develop and multiply, giving young people unique opportunities and experiences.* Rose from Lyon
- "I myself was a victim of cyberbullying when I was thirteen so I quite got committed to doing the works we were summoned to do because, although currently I'm no longer bullied, they helped me to sweep away those bad memories I still had inside me. And the discussions around this theme also helped me a lot" Cibebe Gomes from Moimenta
- *Finally, those travels brought me friendships and I talked to people i am still in contact with to this day. The projects in my high school made me feel like I truly changed some things.* Eloïse from Lyon
- "Next year, I will no longer attend this school because I'll be taking a degree in Biology in the University of Aveiro but I will never forget having taken part in this Erasmus+ project: I got more tolerant in relation to different ways of living, different cultures. I hosted a Turkish student and I loved that experience. And I loved getting to know so many young people from different countries. The theme of this project is related to a serious problem of current times but it's very important to be always alert to any cases of bullying. That's what I learnt in this project". Bruna Santos from Moimenta

Logo Contest



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